



Throughout weeks 12 and 13, our KG1 and KG2 students have been taking part in a 'Teddy Bear Picnic' event organised by the Activities Department in the SLO. The event was the perfect chance to take advantage of the cool November weather as a small tent was set up with balloons and bubbles as the children ate their healthy fruits and vegetables amongst their favourite teddy bear and fellow classmates. Nursery rhymes and fun children's songs were playing in the background with big smiles that could be seen across every child and teddy bear's face.

Currently in the UAE there is a strong emphasis on promoting a healthy diet for all children and at ISC Dubai this is an initiative that we are happy to encourage. Demonstrating healthy eating in an enjoyable manner teaches our children to foster a healthy relationship with food and most importantly, good, nutritious food that will benefit their academic performance, physical being and general mindset. We also encourage our parents to get involved by including lots of colourful fruits and vegetables in your child's lunchbox each day.





